

Gambling Addiction

Celebrate Recovery

Every Tuesday Night

6:00pm / Dinner

6:30pm / Big Meeting

7:30pm / Open Share

GV Christian Center

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Celebrate Recovery at GV Christian Center



**CELEBRATE
RECOVERY**
Whole family healing



The Problem

If you find you cannot quit gambling entirely, or if you have little control over the amount you bet, you may be a compulsive gambler. A compulsive gambler is described as a person whose gambling has caused problems in any area of his/her life. Do you identify with any of the following?

- My gambling makes me careless of the welfare of myself and/or my family.
- I have borrowed money, sold possessions, and/or committed an illegal act to finance gambling.
- After losing I felt the need to return as soon as possible and win back my losses or after a win had a strong urge to return and win more.
- I have lost time at work, school, home, and with friends to gamble.
- At times, I have been defensive about my gambling and justified my right to gambling, especially when trying to escape worry or stress.
- I was trapped in the illusion of "just one more time." Or "this time it will be different."
- When I sought help I was only looking for the pain to go away.
- My track record shows that it is impossible for me to gamble successfully.

What Is Your Score?

Did you identify with two or more of these items? If so, you are probably in trouble with gambling. Only you can decide whether you think Celebrate Recovery is for you. Try to keep an open mind on the subject. If the answer is YES, we will be glad to show you how we stopped gambling ourselves.

The Solution

Come to believe there is only one solution and that is to accept Jesus Christ as your Higher Power and follow His plan for your life, by working through the 8 Recovery Principles found in the Beatitudes. With Jesus Christ as your Higher Power, you can and will change!

We will learn how to:

- Live without gambling one day at a time with the help of the Higher Power, Jesus Christ.
- Stay away from that first bet. If there isn't a first one, there cannot be a 10th one. And when free of gambling, life becomes much more manageable.
- Experience the true peace and serenity you have been seeking.
- Restore and develop stronger relationships with God and with others.
- Stop relying on dysfunctional, compulsive, and addictive behaviors as a temporary "fix" for pain.
- Apply the biblical principles of conviction, conversion, surrender, confession, restitution, prayer, quiet time, witnessing, and helping one another.

We will learn how to:

- Form a TEAM: Sponsor and Accountability Partners.
- Weekly attending the Open Share Group.
- Commit to a daily quiet time in the Celebrate Recovery Bible.
- Read about this area of recovery.
- Understanding the root of each core issue you identify with. Become willing to experience grief, forgiveness, and acceptance.

Definition of Sobriety

Sobriety for the compulsive gambler is defined as follows: Complete abstinence from any betting or wagering, for self or others, whether for money or not, no matter how slight or insignificant, where the outcome is uncertain or depends upon chance or "skill."